

## PRIOR TO YOUR PROCEDURE:

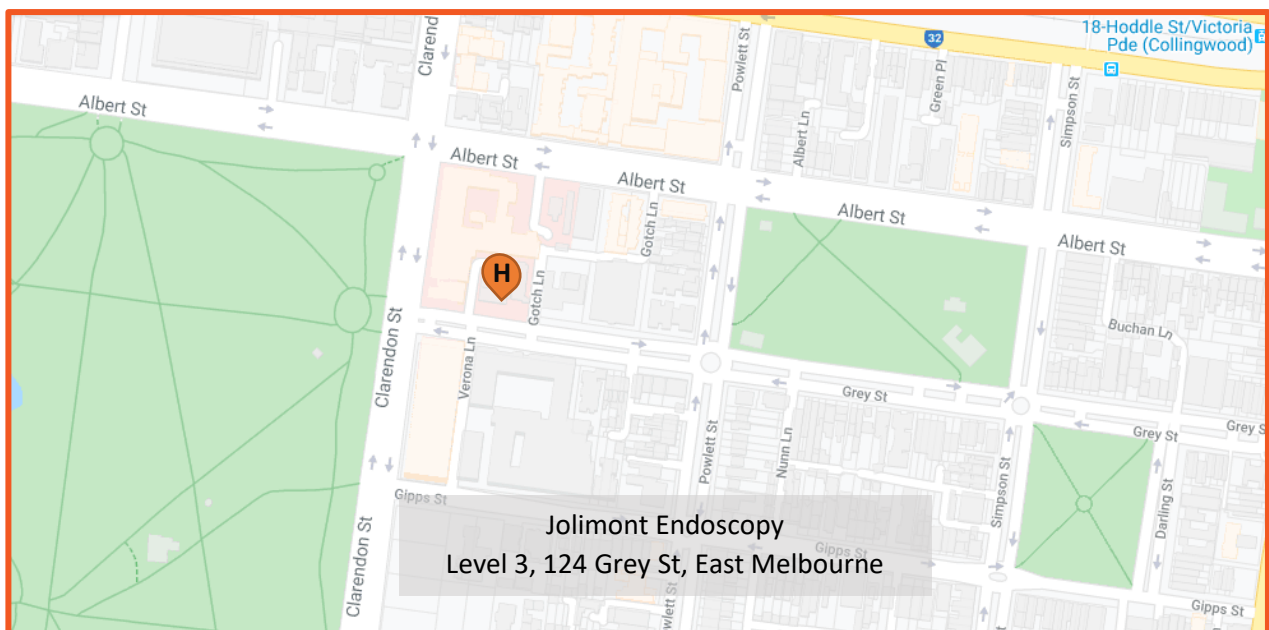
### 3-5 Days Prior:

- Ensure Doctors' out of pocket has been paid as per Informed Financial Consent
- Confirm if you are covered for the procedure by your health fund, and if not, contact the doctor, hospital and anaesthetist to confirm fees and payment options
- Ensure you have a **valid** referral letter from your GP
- Advise your doctor if you are on any of the following medications, and cease if required
  - **Blood thinning medications** such as: Warfarin, Iscover, Aspirin, Astrix, Asasantin, Plavix, Cartia, or Cardiprin.
  - Any of the following **Gliflozin medications** for diabetes: Empagliflozin, Dapagliflozin, Canagliflozin, Jardiance, Glyxambi, Jardiamet, Forxiga, Xigduo, or Invokana.
  - Oral **iron supplementation**
- Organise transport and guardian to accompany you following the procedure
- Complete and submit Hospital admission forms
- If having a colonoscopy** - read through the bowel preparation instructions and ensure you have the correct bowel preparation.

### On the Day:

- Bring Payment for fees as advised by the hospital
- Bring Medicare and health fund card
- Bring current referral letter (if not previously provided)
- Wear loose comfortable clothing. You will be wearing a hospital gown for the procedure
- Bring any regular medication which will need to be taken **following** the procedure

\* **Do not** bring any valuables or large sums of money. While your personal items are kept in a secure location, the hospital does not accept liability for personal property that is lost, stolen or misplaced.



### After your procedure:

- You may be unable to form memories for a short period after your procedure. If you cannot remember being given results, please contact the proceduralist's rooms to receive these.
- It is normal to feel temporary bloating following a colonoscopy due to inflation of the bowel for the procedure.
- Some patients may experience nausea or light-headedness following the anaesthetic.
- You must not drive or operate machinery for 24 hours after the procedure.
- If biopsies were taken, results typically take 5-7 days to be read.
- Please contact our rooms on 94175306 if you experience severe abdominal pain, heavy bleeding, fevers/chills, breathing difficulty, or other concerning symptoms. Alternatively, contact the closest emergency department.